

About the Owner

John R. Mishock, PT, DPT, DC



John R. Mishock, owner, is one of only a few clinicians in the country with doctorate level degrees in both physical therapy and chiropractic. He received his Bachelor of Arts degree from Slippery Rock University in 1992 and his Doctor of Chiropractic degree from the National College of Chiropractic in 1996. Dr. Mishock then obtained his Master's degree in Physical Therapy from the University of Pittsburgh in 1999 and went on to earn his Doctorate in PT in 2010 from Temple University.

Following his passion and dream, Dr. Mishock opened his first physical therapy practice, New Hanover Physical Therapy, in 2005. In 2006 the name was changed to Mishock Physical Therapy & Associates. This was shortly followed by the opening of two more clinics: Skippack in 2006 and Barto in 2007. In 2008 he also opened up a physical therapy clinic for the residents at Sanatoga Ridge Community, a 55+ living center. And finally his latest venture, the Phoenixville clinic, opened in Spring 2011.



Our Physical Therapists work one-on-one with our patients to ensure the best results. With time and patience, the benefits of Physical Therapy unfold into a pain-free and happy life.



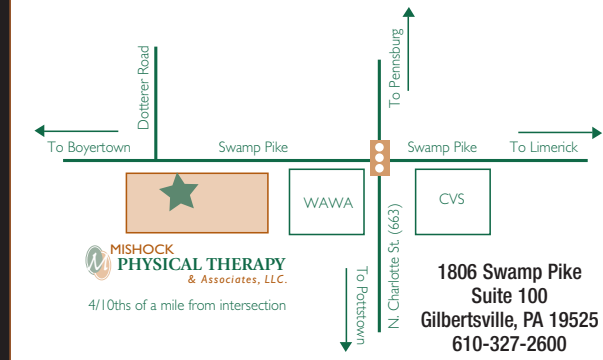
Above: Lisa Fogelman, DPT, CKTP - Director of Gilbertsville clinic

Left: Matt Long, DPT - Director of Skippack clinic

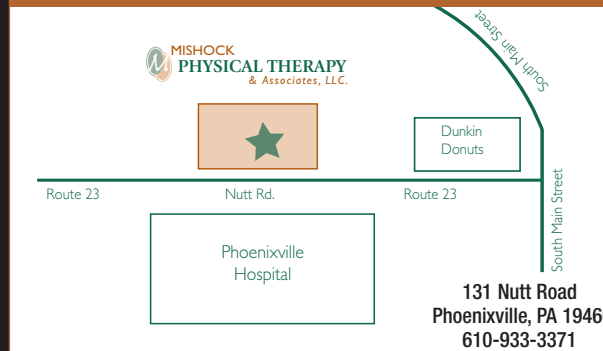
www.mishockpt.com

Our 4 Locations:

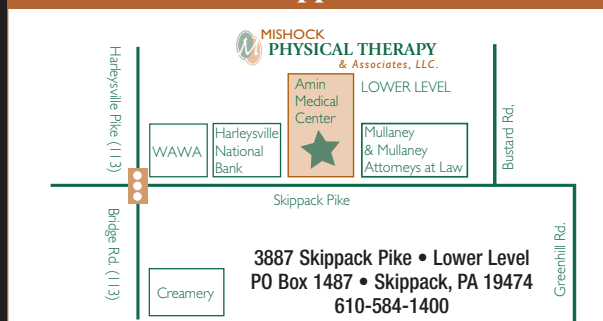
Gilbertsville



Phoenixville



Skippack

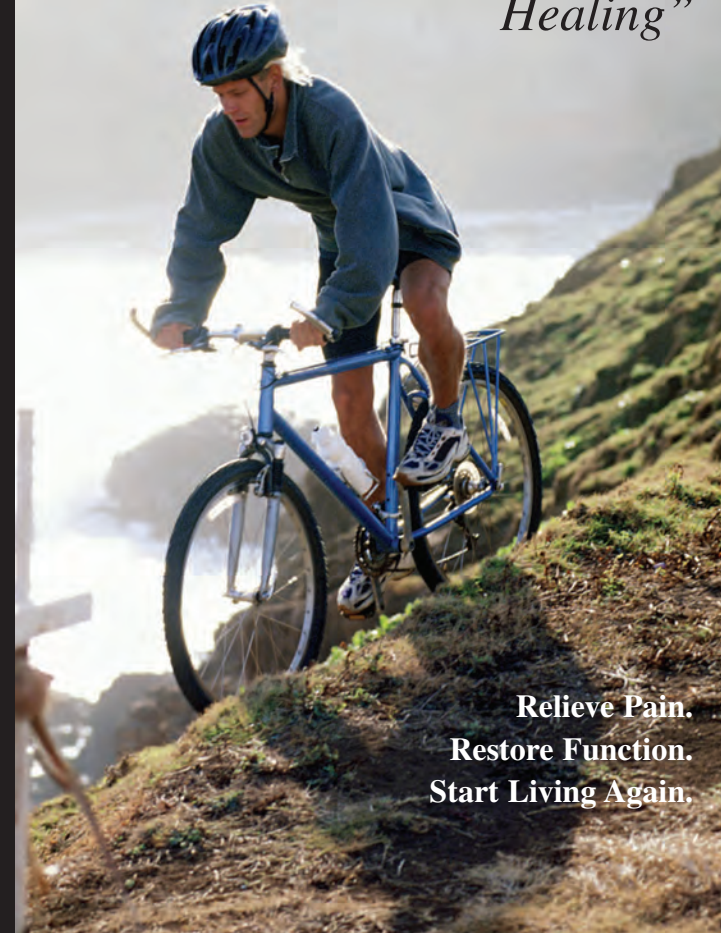


Barto



MISHOCK
PHYSICAL THERAPY
& Associates, LLC.

*“Providing Hope,
Encouragement, &
Healing”*



**Relieve Pain.
Restore Function.
Start Living Again.**

**New Appointments Call:
610-327-2600**

www.mishockpt.com

www.facebook.com/MishockPhysicalTherapy

Our Mission

Mishock Physical Therapy & Associates aims to provide a professional family atmosphere where patients and staff alike excel. We provide the most efficacious state-of-the-art Physical Therapy and Rehabilitation services to relieve pain, restore function, and return our patients to the highest quality of life possible.

We see ourselves as an extension of the referring physicians' practice. Mishock Physical Therapy & Associates utilizes the physician's recommendations to develop an individualized evaluation and treatment program.

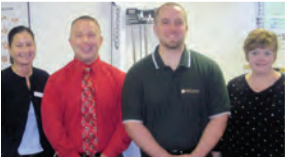
We provide the most comprehensive, compassionate, hands-on, one-on-one physical therapy humanly possible to help our patients reach their lifestyle goals.

In a timely manner, we educate our patients on injury prevention and progress them into easy-to-understand home exercise programs to ensure long-term recovery.

We have dedicated ourselves to reaching the highest level of education and expertise possible with the sole purpose of helping you, our valued patient, start living again!

We are committed to treating all people with integrity, honesty, and compassion while exceeding expectations with excellence in care and service. With this philosophy we aspire to create an exceptional reputation within our community.

We are here to serve you!



Left: Monica Hallman, PTA - Director of Barto clinic



Right: Sally Selkirk, DPT - Director of Phoenixville clinic

We have a wide variety of equipment for treatment effectiveness.



Our Services

Mishock Physical Therapy & Associates offers a wide variety of Physical Therapy, Chiropractic, & Wellness Services.

Try Us First for:

- Aquatic Therapy
- Low Back Pain
- Sciatica
- Neck and Shoulder Conditions
- Hip and Knee Pain
- Ankle and Foot Disorders
- Arthritis
- Tendonitis
- Bursitis
- Carpal Tunnel
- TMJ Dysfunction
- Headaches
- Work-related Injuries
- Sports Injuries
- Orthopaedics
- Fibromyalgia/Chronic Pain
- Balance and Fall Prevention
- Pre and Post Surgical Rehabilitation
- Chiropractic
- Nutrition and Weight Management
- Golf, Baseball, Soccer, and Basketball Enhancement Programs
- Kinesio Taping

Convenient Appointments

We want to accommodate your busy schedule, so we offer flexible treatment times: early morning, evening, and Saturday hours.

Insurance & Direct Access

We accept most insurance plans, including many that do not require any out-of-pocket costs. Our administrative staff is happy to assist you on the complexities of insurance and reimbursement. We also offer payment plans for those who qualify.

Direct Access to physical therapy is your opportunity to be evaluated and treated by a licensed physical therapist for thirty days without first seeing your physician for a prescription. Some restrictions may apply. Direct Access can help expedite your treatment while saving time and money.

Medical Nutrition Therapy & Weight Management

Turning Points is a Medical Nutrition Therapy & Weight Management company taught by Registered Dietitians. They offer private, one-on-one sessions as well as group classes for weight loss & weight maintenance. Medical Nutrition Therapy can help with pre-existing conditions like diabetes, high cholesterol, vascular disease, obesity, etc. **Turning Points** is covered by most insurance plans. Call 484-948-2874 for a FREE phone consultation and more information. Offices located inside our Phoenixville, Skippack, & Barto locations with a fourth office in our Gilbertsville office complex.

www.turningpoints.vpweb.com

We understand that even the smallest accomplishment in movement and flexibility is worth celebrating. By recording progress in each session, our patients can measure their results and adjust their efforts to achieve goals faster.

All of our physical therapists combine hands-on treatments, modalities, and exercise programs to expedite the healing process.

